



## Hello from Ebbie!



Spring is here – a lovely time to pop the kettle on, throw open the windows, and catch up with the latest newsletter. A big thank you to everyone who's shared their ideas, time, energy, and talents to help our community bloom. If you're feeling inspired to try something new or bring a fresh idea to life, I'm here to help – whether it's starting a group, planning an event, or growing something that's already underway. Let's make it happen together

So, if you've got a great idea for your street or neighbourhood – whether it's a community garden, a little library, or something completely new – but aren't sure where to start, I can help you turn it into a reality.

There's lots to join in with locally so have a good read and save those dates.

If we haven't met yet and you'd like to share an idea or find out more about what's happening locally, you'll find my contact details on the back page.

Best wishes

*Ebbie*

Ebbie Peters

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## Listening Post

Listening is an important part of a Community Builder's work. Here's some of what I've hearing locally

A little nudge was all I need to get motivated and turn my idea into action, people power!

I'd love to see some outdoor fitness equipment in our green spaces

Thank you for invitng me on the Spring Walk, I really enjoyed it

I feel more connected now, I took that step and tried a group out.

## Community Action



Community Champions, We did it together, the pathway off Lancelot Road is revealed, it took a few good sessions to reach the bottom, A huge thanks to everyone that helped. What next? There are plans for fruit trees and a wildflower bed so watch this space



## Beacon Clean up

It was truly inspiring to see our community come together today. Young and old alike grabbed brooms, mops, and buckets to help bail out the Beacon Center after the massive flood. The effort and teamwork on display were a wonderful example of community spirit in action.

A huge well done to everyone who stepped in to help — you've done the Beacon proud. Keep an eye out for news about the Grand opening Celebration coming very soon!



## Door knocking



Out on the Heath recently, along Pellinore Road, we had some fantastic conversations. So much brilliant signposting, meaningful connections, and great listening as we made our way up the hill together. We noticed the daffodils planted earlier this year are coming up and the uncovered pathway is looking lovely

It's always inspiring to hear people's stories and see community in action. If you'd like us to come to your street to listen do get in touch.



**WELLBEING EXETER**

**Community Litterpick**  
 Saturday 11th April 10-11.30am  
 Meet at the Beacon centre  
 Help care for the neighbourhood!  
 Come and help with a tidy up, all equipment provided.  
 Everyone welcome.

Contact: ☎ 07516 692583 ✉ ebbie.peters@eci.org.uk 🌐 ebrelpeters

[www.wellbeingexeter.org.uk](http://www.wellbeingexeter.org.uk)



## A Spring in our step

We recently enjoyed a mindful spring walk, moving at an easy pace and noticing the small signs of the season changing around us — early flowers emerging and buds forming on the trees. There was plenty of friendly chatter as people shared what they'd spotted in their own gardens and what spring means to them. More than just a walk, it was a chance to connect, slow down, and enjoy being outdoors together.

Save the dates for our next Mindful Walks: Tuesday 31st March and 14th April. Save the date for a Community Litterpick on Saturday 11th April, all equipment provided.



### Community Action

Tuesday 31<sup>st</sup> March & 14<sup>th</sup> April 11-12.30pm **Mindful walk**  
 Meet at entrance to Mincinglake Valley, off Calthorpe road

Saturday 11<sup>th</sup> April 10-11.30pm **Litterpick**  
 Meet at the Beacon Centre



# Kitchen Garden Project

## Beacon Community Garden & Kitchen Project

Join in at the Beacon Centre Kitchen Garden and help bring the community garden to life! Come along, get your hands in the soil, and enjoy some time outdoors with neighbours and friends. Everyone is warmly welcome. Tea and cake will be provided, and all equipment will be available on site — just bring yourself and your enthusiasm. It's a great way to connect with your community, get active, and start growing together. There is a what app group to help get organised for regular gardening sessions, if you'd like to join please message.



## Food Glorious Food

Thank you Beacon Heath, what a lovely evening, sharing this from one of our brilliant volunteers "Our second community meal. Over 45 people came for some warming food and a place to chat, play games and shelter from the weather. It had such a lovely atmosphere and everyone did their bit. We had Broccoli Cheese Soup with Pesto croutons, Chandra Dahl with lashings of Bread to mop it up. Pudding was a Fresh Pear Tart with Caramel and fresh Double Cream" Save the date for the next Community Meal, usually the third Thursday of the month- Thursday 23rd April and 28<sup>th</sup> May at Beacon Heath Church.

### BEACON HEATH RESIDENTS *Community Meal*



**Thursday 23<sup>rd</sup> April, 28<sup>th</sup> May**

**Beacon Heath Church**

**King Arthurs Road.**

**Food served at 6.30pm**

**JOIN US FOR FREE HEALTHY  
VEGETARIAN HOME COOKED FOOD**

Door open at 5 for a cuppa, dinner served at 6.30pm  
If you come early you might be roped into helping!  
Limited capacity — attendance is first-come, first-served.

More info- Ebbie Peters- [ebbie.peters@eci.org.uk](mailto:ebbie.peters@eci.org.uk) or call 07516 692583

Supported with a ward grant from



## Spotlight on Young at Heart

The Young at Heart Group meets every Monday at Beacon Heath Church and offers a warm, welcoming place for people to come together, make friends, and enjoy good company. It's a relaxed and friendly social group where everyone is welcome.

One regular member describes it as "a real lifeline." She says, "I have made lots of friends here and really look forward to it each week. There are always interesting activities and a range of speakers who come along to entertain the lively gathering."

As well as talks and activities, there's plenty of time to chat and enjoy each other's company. You can always be sure of a nice cuppa and some good biscuits while you relax with friends.

The sessions are great value too, costing just £2 to attend. The Young at Heart Group is more than just a weekly meeting – it's a place where friendships grow, laughter is shared, and people leave feeling happier and more connected.



## Little Library Box

Local residents in Betty's Mead have come together to plan a new Little Free Library box for the area. Thanks to the support of a Ward Grant, they hope to have it installed very soon — so keep an eye out!

If you haven't used one before, Little Free Libraries are a great way to share books with neighbours: take a book, leave a book, enjoy reading.

There are already several boxes nearby, including:

- Beacon Heath Little Free Library at Gareth Crescent (Stoke Hill)
- Mincinglake Little Free Library, Mincinglake Road

Feel free to visit, borrow a book, or donate one to keep the community libraries growing!



# Solo Squad

A safe, supportive space for single parents to pause, connect and feel understood. No judgement, no pressure- Just coffee, warmth and real conversations with people who truly get it. You don't have to hold it all together here. Just show up, breathe out and feel seen.

**Come as you are, leave a little lighter.**

- Free Tea, Coffee & Cakes
- Each session covers a different theme to support, empower, and uplift single parents.
- Children welcome- toys provided

**On the 1st and 3rd Friday of each month at The Beacon,**

**10:30am-12:00pm.**

Next dates-

7th November,  
21st November,  
5th December,  
19th December.

📍 The Beacon Community Centre, Pendragon House, Beacon Ln, Exeter EX4 8LZ

📞 Keziah- 07449203645

**ART CLASS**

**FRIENDLY COMMUNITY ART GROUP OF ALL AGES - COME AND HAVE A GO!**

**TORONTO HOUSE,**  
PRINCE CHARLES ROAD EX4 7EW  
**FRIDAYS 1 - 3 PM**

**COST £2.00 PER CLASS**

# EXETER MINIATURE RAILWAY

**PUBLIC RUNNING  
FIRST SUNDAY OF EVERY MONTH**

**ST. KATHERINE'S PRIORY  
EXETER EX4 7JY**

**11am - 3pm Free Entry**

LIGHT REFRESHMENTS AVAILABLE



**FIND US ON  
FACEBOOK**



**USE THIS  
QR CODE**



Operated by Exeter & District Model Engineering Society

**CRAFT AND GAMES HUB**

**GET A GREAT START TO YOUR WEEK**

**DROP BY FOR CRAFTS, BOARD GAMES, AND GOOD COMPANY. A WELCOMING SPACE TO CONNECT, RELAX, AND CHASE AWAY THE MONDAY BLUES**

Starts Monday Jan 5th

**MONDAYS  
10.30-12.30  
£3**

**GAMES- CRAFTS- CREATIVITY**

**WEEKLY CRAFTS & BOARD GAMES & REFRESHMENTS**

**the beacon**  
Bringing People Together

Stoke Hill Community Association  
CHARITY NO. 185907

# Craft 'n' Chat

FIRST SATURDAY  
of each month

**11AM-2PM**

ST KATHERINE'S PRIORY  
ST KATHERINE'S RD  
EX4 7JY

COME & ENJOY SOME DOWN TIME  
CRAFTING WITH OTHERS OVER A HOT DRINK

CONTACT MEL ON 07815 016806

Just £3

Exeter  
**age UK**  
Let's change how we age

# Between Us Café

**Every Monday**

Monday 23rd February  
10:30am – 1:30pm  
(Last food orders at 1pm)

**Join us for:**

- Tea & Coffee
- Homemade Cakes and Hot Food

Come along, relax, chat, and enjoy some delicious treats with the community!

**For more information call - 01392 202092**

Age UK Exeter is a registered charity (1010173) and company by guarantee. Registered in England and Wales number 02702636.

# THE Hub

YR 7-11  
BEACON CENTRE  
**TUESDAYS**  
TUESDAYS  
3pm - 5pm  
TERM TIME ONLY

isca youth

isca church  
the beacon  
Bringing People Together

ECFC BEACON WANDERERS  
WALKING FOOTBALL

“Fun” Taz  
“Life changing” Steve  
“Inclusive” Cords  
“Diversity” Steve SW  
“Love” Paul  
“Revitalising” Greg  
“Community” Jack  
“Euphoric” Jem  
“Belonging” Mark  
“Empowering” Tracey  
“Acceptance, equality”  
“Enjoyment” Chris R

“Empathy, extra family, helps mental health, like a natural medicine. Makes us feel disability difficulties are accepted no matter what. Even when we're low, we get knocked down but we get back up again - Stacey”

Friday 8-9pm at St James School Astro Turf.  
**First month FREE, then £10/month.**  
All genders, 18+, fully inclusive and non-competitive!

Drop us a message to join! **Dola AI**

## MIXED WALKING NETBALL

St James School, Exeter

Every Thursday  
7pm-8pm

£3.00 per session

Contact 07496180693



# Volunteer Fair



## Volunteer Fair

11am - 2 pm, Thursday 23rd April, Exeter Cathedral

Want to volunteer but not sure where? Visit our Volunteer Fair & find out!

To book: ☎ 01392 205800 ✉ [info@eci.org.uk](mailto:info@eci.org.uk)



Find out More!

The Exeter Volunteer Fair brings together 70+ local charities and community organisations in one welcoming space, making it easy to explore volunteering opportunities across Exeter and the surrounding areas.

Whether you want to give back, learn new skills, meet new people, or get more involved in your community, this is the perfect place to start.

The event is free and open to everyone. Book a ticket to stay updated or drop in between 11am – 2pm to meet organisations and find a volunteering role that's right for you.

For questions, email [info@eci.org.uk](mailto:info@eci.org.uk).

## Nature in Exeter

Welcome to Nature in Exeter. Nature in Exeter is a simple, easy to use directory of the city's parks, waterways and green spaces. Whether you're looking for somewhere to walk, relax or explore, you'll find all of Exeter's natural spots in one space.

It's a showcase for all the green and blue places and spaces in Exeter and will promote activities that nature-based organisations are delivering.

It also gives people the opportunity to sign up to become a Nature Link.

<https://www.natureinexeter.org.uk/>



## Your voice

Your views are wanted on nature in Exeter and how we can all support it.

Everyone who lives, works in or visits Exeter is being asked to give their views on nature in the city, how we can best protect and support it and how it can thrive in the future.

Together with Devon Wildlife Trust, the University of Exeter, the Met Office and other partners, Exeter City Council is launching the survey to build a picture of how important nature is and discover the parts of the city it is most cherished. The survey 'Wild Exeter – A City for People and Nature' is open until 28 April 2026. To take part visit the council's consultation website: [Wild Exeter – A city for people and nature](#)





## What's on: Beacon Heath 2026

### Monday

- 10.00am-12.00pm - Working Morning- Grounds & Building - St Katherine's Priory
- 10.30am-12.00pm - Chat & Craft Drop-in - Beacon Centre £3
- 1.30-3.30pm - Young at Heart - Beacon Heath Church Hall £2
- 1.30-3.30 Whist (Part of Isca bowls) - Isca Centre
- 7.00pm - The Junction 72A Model Railway Club - St Katherine's Priory- Membership

### Tuesday

- 10.00am-3.00pm - EDMES (Exeter and District Model Engineers) - St Katherine's Priory
- 1-2.30pm Family Wellbeing Group (0-4) Home Start- Beacon Centre- Free
- 1.30pm - Whist Drive - St Katherine's Priory (fortnightly)
- 4.00-5.30pm - The Hub (Yr 7-11)- Youth Space, Beacon Centre- £2
- 6.30pm 6.15pm - Bridge Club - Isca Centre
- 6.30pm Taster Sessions- Isca Indoors Bowling club, Isca centre- First session free
- 6.30-7.30pm - Body Workout with Kamila - Beacon Centre £5
- 7-8pm Women on the Run- Exeter Arena £2

### Wednesday

- 10.00am-12.00pm - Headway - Beacon Centre
- 10.00am-12.00pm - Food bank - Beacon Centre- Referral
- 1.00-3.00pm - Baby Massage - Beacon Centre- Free
- 4.30-6.30pm - Rio Youth Group - Beacon Centre- Free
- 5.00-7.00pm - Premier League Kicks - St James School (ages 11-18)- Free
- 7.00-9.00pm - Women's Netball - St James High School £6

### Thursday

- 9.45-11.15am - Tadpoles Playgroup - Isca Church (at Beacon Centre) £2
- 10am-3.00pm - Exeter and District Model Engineers - St Katherine's Priory
- 10.30am-12.00pm - Drop-in Community Cafe - Beacon Heath Church- £2
- 10.30am-2.00pm - Meet and Remember - Devon Yeoman- £5
- 6.00-7.30pm - Woodcraft Folk - Beacon Centre- Membership
- 5.30-8pm Beacon Heath Community Meal- Beacon Heath Church- Free (monthly)
- 6.45-9.00pm - Bingo - Isca centre
- 7.00pm - The Junction 72A Model Railway Club - St Katherine's Priory
- 7-8pm Walking Netball- St James School £3
- 6-7pm Women on the run- Meet at Morrisons carpark £2



## What's on: Beacon Heath 2026

### Friday

- 10.00am-12.00pm - Foodbank (referrals 07818 226524) - Beacon centre
- 10.30am-12.00pm- Solo Squad (Single parenting group) - Beacon Centre- 1<sup>st</sup> & 3<sup>rd</sup> Friday- Free
- 10.00am-12.00pm - Friday Community Drop-in Cafe- Beacon Centre
- 10.00am-2.00pm - Community Cafe - St Katherine's Priory
- 12.00-3.00pm - Lunch Club (part of Isca Bowls club) - Isca Centre
- 1.30-4.30pm - Tribe - Home Ed social (age 11-17) - Beacon Centre £5 per child
- 4.30-5.30pm - Isca Church & Police Youth Football Academy - St James School- Free
- 6.00-7.00pm - Whipton Football FC - Willowbrook School (Under 8's) Free
- 6.00-7.30pm - Launch Pad - Childrens Group (Years 1-6)- Willowbrook School- £1
- 6.30pm - Prize Bingo - St Katherine's Priory (first Friday)
- 7.00-8.00pm - Walking Football - St James High School £10 per month
- 6.45-9pm- Tag Rugby- Exeter Arena £5

### Saturday

- 9.45am-1.00pm - Messy Church (Vineyard) - Beacon Centre (2nd weekend)
- 10.00am-12.00pm - Soundwaves - Beacon Centre
- 11.00am-2.00pm - Craft & Chat - St Katherine's Priory (first Saturday) £3
- 8.30am- Boot camp- Betty's Mead playing field- £5

### Sunday

- 11.00am-3.00pm - Exeter Miniature Railway - St Katherine's Priory (first Sunday)
- 2pm-5.30pm Romanian Family Sports day - Beacon Centre (Alternate Sundays)
- 1-4pm Beacon Heath Kitchen Garden Project (Various Sundays)- You Grow- Free

### Other Great Projects

- Squillometer Mile Lane Pod & Beacon Heath Pod Shops
- Friends of Mincinglake Orchard - hosts a yearly Wassail
- Sylvania Hall Rebuild Project
- Community Opportunities Group Schools (COGS)

### Facebook Pages

- Beacon Heath Together, The Beacon Centre, Miles Lane Pod, Friends of Mincinglake Orchard, Sylvania Hall, St Katherine's Priory

# Update from Devon & Cornwall Police



Don't suffer in silence  
**Report it**

Go online:  
[www.devon-cornwall.police.uk/reporthc](http://www.devon-cornwall.police.uk/reporthc)

**Call Devon & Cornwall Police: 101**  
**Non-Emergency:**

Sign Live (video relay via BSL interpreter)  
SMS/text 67101  
Minicom/textphone 18001101

**Emergency:**

If a crime is in progress, call 999  
999 BSL (national video relay via BSL interpreter)  
SMS/Text 999 (pre-registered)  
Minicom/textphone 18000

"We stand together with our communities to remind everyone that we have zero tolerance to hate crime.

We acknowledge that this is a very difficult time for many diverse communities, and we want to provide some reassurance that we are here to provide support where hate crimes may be happening.

We have teams dedicated to supporting victims of hate crime. If you have been the victim of abuse or targeted because of your race or ethnicity, we want you to know that we are there for you. Please report it to us so we can investigate offences fully and signpost you to support. An increase in reporting helps us understand what is happening in our communities and how best to tackle it. Don't suffer in silence. Report it."

## Get Social

Keep up-to-date by joining these local Facebook pages and groups.

- Beacon Heath Together
- Beacon Centre
- Beacon Heath Church
- Beacon Heath Squillometer Open Group
- Beacon Heath Little Free Library
- Community Champion what app
- Isca Church
- Friends of Mincinglake Orchard
- Miles Lane Pod Open Group
- Save the Bus Stop Field (above Pendragon road)
- Save Celia Crescent & Pinbrook Meadow Fields
- St Katherine's Priory
- St James School

## Useful Information

- Parental Minds gives support to families who are struggling with their [www.parentalminds.org.uk/](http://www.parentalminds.org.uk/) 07907 614 516
- Domestic Violence Splitz Devon Helpdesk Tel: 0345 1551074.
- Talk works Tel: 0300 555 3344 [www.talkworks.dpt.nhs.uk](http://www.talkworks.dpt.nhs.uk)
- Mental Health Mind charity Tel: 0300 123 3393
- The Moorings @ Devon - Out of hours mental health support for 16+. Tel: 07990 790 920
- Andy's Man Club - Talk through issue and problems that men face. Monday evening 7pm [www.facebook.com/andyManClub](http://www.facebook.com/andyManClub) Exeter/Remote
- Age UK Exeter Tel: 01392 202092
- Adult Social Care team Tel: 01710 424000 Out of hours Tel: 01720 422699
- Care Direct - 0345 1551 007
- NHS Chat Health - Health Visitor confidential text messaging service [www.chatline.nhs.uk](http://www.chatline.nhs.uk)
- Home-Start - Support for families with young children



## Wellbeing Exeter

Wellbeing Exeter is a collaborative partnership of organisations working together to promote and improve the wellbeing of people individually and in their neighbourhoods, to make the community a better place to live.

Community Connecting	Community Building	Community Physical Activity Organisers	Community Engagement
<p>One to one support for adults in Exeter plus adults, families</p> 	<p>Support people in their local neighbourhood to grow their ideas and try new things that bring people together</p> 	<p>Connect people to become more active and support neighbourhoods to get physical activity ideas off the ground</p> 	<p>Project Coordinators work with communities and local networks in priority areas to meet specific needs by creating new opportunities in walking, cycling, leisure services, and community engagement</p> 

Find out what's on locally at our new website:  
[www.yourlocalexeter.org.uk](http://www.yourlocalexeter.org.uk)

[www.wellbeingexeter.org.uk](http://www.wellbeingexeter.org.uk)




## Beacon Heath Community Builder

Name: Ebbie Peters

Phone: 07516 692 583

Email: [ebbie.peters@eci.org.uk](mailto:ebbie.peters@eci.org.uk)

Facebook: [ebrelpeters](https://www.facebook.com/ebrelpeters)

## Community Physical Activity Organiser (CPAO)

Name: Charlotte Flavel

Phone: 07926 127824

Email: [charlotte.flavel@ecct.co.uk](mailto:charlotte.flavel@ecct.co.uk)