



Hello from Zoe!



Hi there, I'm Zoe, the Community Builder for St David's.

The sunshine has finally come out and spring is in full swing. If you are looking for a way to start your week, I recently attended Find your Words at Co Create on the Quay and it's such a friendly and supportive group. There are some great ideas I'm excited to see come to life, from bench painting to creative workshops.

You may see me in Exeter Library, or cycling around with a white helmet, talking to people and finding out what they would like to do in the community. So, if you see me, stop me for a chat!

I'd also love to hear about any ideas you have for making St David's an even better place to live.

If you've got a free/non-profit event or activity you'd like to feature in this newsletter, or you'd like to get involved in any of the activities highlighted, do get in touch. You'll find my contact details on page 15!

All the best,

Zoe

Zoe Hughes

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Listening Post

Listening is an important part of a Community Builder's work. Here's what residents said at recent events.

"It's so nice to see the (community) room full of people."

"The Monday yoga classes give me energy for the rest of the week."

"Wellbeing is the most important thing."

"There's not a lot which would get me up on a Monday in the middle of a wet, cold winter - this does."

Local bench makeover



A resident on St David's Hill noticed that the local bench next to the Iron Bridge could do with being re-painted and decorated 'with something jolly'. Another resident offered to bring flower stencils to bring some extra creativity.

Thanks to paint sourced on facebook marketplace and through donations, we're just waiting for some good weather to get going. Do you want to help? Or fancy doing something similar in your area? Get in touch!

Cafe EX4 has a new home



Cafe EX4 (formerly the 'DBN cafe') was set up in 2023 by a group of residents who wanted to help people affected by poverty and loneliness in their community.

The cafe initially opened at St David's church and has focused on giving people a safe, social space and providing a hub for information. They have even served Christmas meals for over 40 people!



With the help of local council funding and support from local charity Bournemouth Churches Housing Association, the cafe has gone from strength to strength. They have now outgrown the space and moved to Salvation Army's community hall.

The cafe is open on **Thursdays, 10.00am-12.30pm at Salvation Army, Friars' Gate**. Suggested minimum donation of £3.50 for food and drink.

New Walking Basketball Going Strong



Since the launch of Exeter's first ever weekly Walking Basketball session in November 2025, the group has steadily grown and now has a healthy number of regular members. We meet every Sunday evening 7-8pm at the Exeter College Sports Hall (just off Queen Street).

Born out of a collaboration between the Exeter Spartans Basketball Club and Wellbeing Exeter, the sessions are suitable for all skill levels and focus on fun over competition. This mixed group allows people of all ages (18+) to come together to play a limited contact form of basketball at walking pace.

Sessions are £3 (card payment onsite) with the first session being free. If you're tempted to give it a try, come along or contact me to find out more. We're especially keen to get more female players involved. Over the summer (May-September), we will temporarily move a different venue. Keep an eye on the Facebook group, or contact Felix, for all the details.

Join the [Walking Basketball Facebook group](#).

Do you like cycling?



If you'd like to cycle more, meet like-minded people and maybe gain more confidence riding your bike, watch this space!

Together with Exeter's amazing cycling charity Ride On, we're working on a new community bike project to get more people on their two-wheelers this summer.

Keep an eye on Felix's social media channels for more information coming soon.

Name: Felix Elsen

Phone: 07736 918280

Email: felix.elsen@ecct.co.uk

Facebook: [Felix - Community Physical Activity Organiser Exeter West](#)

Instagram: [cpao_exeterwest](#)

A Canalside Childhood



During one of the popular waterside walks with Wellbeing Exeter and Friends of Exeter Ship Canal, a local family came over to chat about their history of living along the canal. In fact, a few generations back, the family lived in a house on the island where the River Exe splits and meets the canal (where the navigation buoy now stands)!

The grandfather had lots of stories to tell, including living in St David's during the war. He was invited to join the next history walk event, where he shared stories at the Shilhay Community Room with residents. Here are just some of the tales he shared:

Ken was born in 1937 in a cottage along the canal banks past the Welcome Inn. The Exe View Cottages are still there but there were more - the Tizard cottages. Ken lived at no. 5 with his dad Edgar, mum Edith and his older sister Rosemary.

Ken's grandparents, William and Edith Gregory, lived nearby, in Drawbridge Cottage, on the island across from the Canal Office where the big navigation buoy now stands. One of the jobs his grandfather had was running the ferry across the river from the Quay. Ken and his cousins used to get across for free.

Some memories stick out for Ken during wartime, including his dad going out to post a letter and falling in the canal during blackout (he was okay and came back very wet)! Ken also remembers a pigeon loft near Drawbridge and a particularly stubborn pigeon, with a message for the military, who wouldn't come from a tree.

During air-raids, Ken remembers seeing streams of people walking along the canal, away from the city when the sirens sounded. He says there were quite deep trenches running beside the canal which he remembers sheltering in. The family also used to shelter in an outbuilding at Double Locks where his grandfather kept his horse(s).

Ken remembers lots of American soldiers in Exeter during the war until one day they suddenly disappeared. The soldiers were very friendly and would give the children chewing gum. You can find out more about the stories of American troops [here](#) and about wider St David's history [here](#).

Have you got stories of growing up in St David's? Get in touch!



Magic Carpet Art Trail



This April, Magic Carpet is popping up across venues and businesses throughout Exeter city centre with vibrant exhibitions and artwork created by members of their mental health and disability art groups.

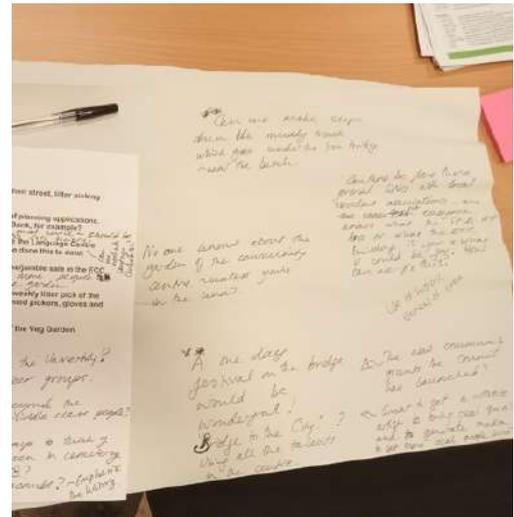
Grab an interactive map from Jelly (a charity shop on Fore street), explore the trail, and tick off each location as you go!

Keep an eye out on [Exeter Community Initiatives](#) social media for updates.

St David's ideas flourish

St David's Neighbourhood Partnership recently hosted an open evening for residents to come together and chat about community activities and plans for the future. It was fantastic to hear everyone's ideas, from jumble sales and clothes swaps, to improving local walkways and transforming the iron bridge into a cultural hub for art week!

The partnership will be pulling these ideas together into a summary and start reaching out to see how residents can take these forward. Get in touch if you'd like to chat about any of these ideas, the notes will be made available on the [Exeter Community Centre Trust](#) website (I'll put a link in the next newsletter).



Community Resilience



Following the wet winter period, a local resident suggested creating a community flood group for the vulnerable areas of St Thomas and St David's. Residents and councillors are working together to organise a workshop with Devon Communities Together, who help residents with Community Emergency Planning.

If you are interested in helping to create a plan which can help your neighbourhood respond to emergencies, get in touch with Cllr Diana Moore cldr.diana.moore@exeter.gov.uk.

Share your thoughts



Have your say on how Neighbourhood CIL funding is spent in Exeter.

This funding - raised from new developments - supports local projects, grants, and programmes like Wellbeing Exeter that help tackle inequality, boost wellbeing and strengthen our neighbourhoods.

Your feedback will help shape decisions beyond 2026/27. **The consultation closes on 30 March.** [More details here.](#)

Planting this Friday



Hot off the press - planting session opposite Mill on the Exe this Friday (27th March)!

Local residents Francine and Alison have been preparing the strip of ground where Bonhay road meets Exe street, ready for plants to go in this week. In the mix are hazel and dogwood trees, grasses and lilac shrubs, helping brighten up the space.

If you are able to help, even just for half an hour, please bring garden gloves and a hand fork/trowel.

Friday 27th March, from 10am

The planting session is likely to take a few hours, so come when you can.
Grass space opposite Mill on the Exe
([What3Words:///trying.grain.yoga](https://www.what3words.com/trying.grain.yoga))

Contact Zoe if you have any questions (details on page 15).

Useful Information

- Parental Minds gives support to families who are struggling with their mental health parentalminds.org.uk/ Tel: 07907 614 516
- Talkworks Tel: 0300 555 3344
www.talkworks.dpt.nhs.uk
- Mental Health Mind Tel: 0300 123 3393
- The Moorings @ Devon - Out of hours mental health support for 16+. Tel: 07990 790 920
www.mhm.org.uk/the-moorings-devon
- Age UK Exeter Tel: 01392 202092
- Adult Social Care team Tel: 01710 424000
Out of hours Tel: 01720 422699
- Care Direct - 0345 1551 007
- NHS Chat Health - Health Visitor confidential text messaging service www.chatline.nhs.uk
- Home-Start - Support for families with young children www.homestarteemd.org.uk/
- Exeter Food Bank exeterfoodbank.co.uk/
- Lightning Reach - financial support portal <https://www.lightningreach.org/>
- Early help - child safeguarding <https://www.devonscp.org.uk/early-help/>
- Devon Domestic Abuse Alliance: www.ddaa.org.uk Tel: 08082 816161
- **Family hubs in Devon - Devon County Council** which is the first port of call for any parents who need support.



Exeter
Community
Initiatives



Volunteer Fair

Thursday, 23rd April, 11 am - 2pm, Exeter Cathedral

Want to volunteer but not sure where?
Over 65 local organisations are looking for you!

Contact:  01392 205800  info@eci.org.uk  Eventbrite

 148 -149 Fore Street, Exeter, EX4 3AN

 01392 205800

 info@eci.org.uk

 www.eci.org.uk



Scan to Book!



Registered Charity Number: 1026229
Registered Company Number: 2844870 (England)

Young women 18+ are welcome to:



Every 1st Saturday of the Month
10:30am - 12:30pm at the Salvation Army, Friars Walk, Exeter, EX24AZ

Email: exeter.temple@salvationarmy.org.uk, www.salvationarmy.org.uk/Exeter-Temple, Phone: 01392 216553
Charity no 21856 & 26279 (England and Wales), SC009389 & SC027061 (Scotland) and CI 05330 (Republic of Ireland)

SILENT BOOK CLUB 2026
Exeter

Free evenings of socialising & communal reading with Exeter's Silent Book Club.

TOPSHAM BREWERY EXETER QUAY EX2 8GR	12 BAR MUSIC & SOCIAL 6 PARIS STREET EX1 1GA
First Wednesday and Third Monday of the month 6pm - 8pm	New for 2026! Last Thursday of the month 6pm - 8pm

ramm

EXPAND YOUR WORLD

FREE

Museum Meet-Up

A monthly Friday dose of relaxed culture and company

Pick what interests you or come to them all:
Explore on a gentle tour, do some arts & crafts or handle museum objects behind the scenes

Venue: Royal Albert Memorial Museum & Art Gallery (RAMM), Queen Street, Exeter EX4 3RX (in city centre)

Get in touch to find out more
Call 01392 265960, email susy.dunne@exeter.gov.uk or visit ramm.uk/meetup

The venue is fully accessible. Activities are low pressure to include visitors experiencing anxiety, loneliness or low mood, or caring for someone. Visitors with mild dementia are welcome with a companion.

Funded by National Lottery Community Fund for Devon residents.

Exeter City Council | ARTS COUNCIL ENGLAND | COMMUNITY FUND

HOPE Programme
Chronic Pain, Fatigue & Low level Anxiety & Depression

Aimed at people living with chronic pain, fatigue and low level anxiety and depression who are wanting to make a positive change

The Help Overcoming Problems Effectively (HOPE) Programme supports individuals to focus on themselves as a person, and to consider "What is important to me?". It is a **FREE**, six week, self-management programme where we bring groups of people together that are going through a similar experience. You are not alone!

The course will be held at the X Centre in Exeter and will run on a Monday from **13:00pm-15:30pm** on the following dates:

- Week 1 - Monday 20th April
- Week 2 - Monday 27th April.
- Week 3 - Monday 11th May.
- Week 4 - Monday 18th May.
- Week 5 - Monday 1st June.
- Week 6 - Monday 8th June.

Step One
A brighter path to wellbeing

Call - 01803 320696
Email - hope.devon@nhs.net

hope | Flore | NHS England | REACH CHANGE | Encompass | West Devon CVS | One Devon | INVIST

FIRST SESSION FREE!

WALKING BASKETBALL
[WOKiN] FRIENDLY, NON-COMPETITIVE, SOCIAL

SUNDAY EVENINGS
7-8PM

Exeter College Sports Hall
Victoria Yard (off Queen St)
Exeter, EX4 3SR

£3/session
(Card payment onsite)

Sessions for all ages (18+) and abilities, focusing on friendly, non-competitive games. No running, limited physical contact and no experience required!

Join the Facebook group or contact info@exeterspartans.co.uk for more info!





HERE? QUEER? VOLUNTEER?

Go to our website or scan the QR code!

Exeter Pride returns
Saturday 9th May 2026

Sign up to support our annual Pride event now!




St David's Church, Exeter

EASTER EGG HUNT AND CRAFT!

Saturday 4th April 2-4pm

FREE EVENT



Association for Science and Discovery Centres

UK Research and Innovation

THE EXETER SCIENCE CENTRE

Demystifying AI

@EXETER LIBRARY

2 EVENTS!

SAT 21 MARCH
TUES 14 APRIL

FAMILY-FRIENDLY | FREE | HANDS-ON ACTIVITIES






Fruitful Productions is running two creative workshops at the Phoenix on the 7th and 13th of April.

The writing and collage workshops are relaxed creative spaces for discussions around LGBTQ+ topics like gender presentations and queer representation in media.

We aim not to question anyone's belonging - so please feel free to come along, regardless of how you identify!



CREATIVE WORKSHOPS APRIL 2026:



Writing workshop with Alice

Exploring ideas through relatable characters & queer relationships in media
7th April, 6 pm
Workshop, Exeter Phoenix

Collage workshop with Rory

Gender presentation collage-making & mini-lecture on trans history
13th April, 6 pm
Workshop, Exeter Phoenix



Our creative spaces are for relaxed discussions around LGBTQ+ topics and are open to everyone!

Tickets (PWYC):



More info:



Libraries Unlimited

**TELLING TALES:
CREATIVE WRITING FOR KIDS**

TUE 07 APRIL 11:00 - 12:15

A FUN, FREE CREATIVE WRITING WORKSHOP FOR AGES 6+, PACKED WITH GREAT GAMES, SILLY STORIES, AND PLENTY OF WAYS TO GET INVOLVED

Libraries Unlimited *Action for Children* **HOME-ED WED**

HedGE - LEGO and board games
28th Jan & 1st April 2026
10:30am-12:30pm
All ages
£5 per family (cash only)
homeedwed@gmail.com

Join HedGE (Home Education Group Exeter) for LEGO, board games and fun. Tea and coffee provided (bring your own mug).

Libraries Unlimited *Supports* **DEVON TORBAY COUNCIL**

Dates and Times

2 April 2026 – 23 April 2026

Price

Free

Location

RAMM – Collect your tablets from Garden Reception on arrival



Time Odyssey for families



Olly Woodburn: The Limited Edition Collection

Thu 26th Mar – Tue 21st Apr 2026

Known for his creativity both on and off the pitch, Olly presents a compelling collection of images capturing...

Jo in the Water
Film Screening



Wednesday 22nd April
2:00pm



Exeter Library
Exeter, EX4 3PQ





FAIR VIEW FILMS & FABIAN'S FILM PRESENT
A FILM BY PIP PIPER



JO
IN THE WATER

THE FIGHT TO SAVE OUR RIVERS, LAKES AND SEAS

FAIR VIEW FILMS & FABIAN'S FILM IN PARTNERSHIP WITH
SURFERS AGAINST SEWAGE AND RIVER ACTION UK PRESENT
JO BATEMAN JIM MURRAY MBE JEREMY VINE CHRIS PACKHAM

IN PARTNERSHIP WITH:  

WWW.JOINTHEWATER.COM



Libraries Unlimited

FRI 17 APRIL
11:00 - 14:00
Free Drop-in

Seaside Games
in the
Children's Library



Have you got worn or torn clothes? Don't throw them out! Bring them to our free mending sessions to:
 get advice on mending them
 share your skills with others
 save your clothes going to landfill
 No experience needed - just bring your items and your enthusiasm to

STITCH & SAVE

Location: Exeter Library
 Thursday 9 April & Thursday 23 April 1000 until 1300

Story
Blaze
at The Priory

15/05/2026
 7.30pm
 £5 per person



24th – 26th April

St Nicholas Priory
CRAFT FAIR
 SATURDAY/SUNDAY, APRIL 11TH
 & 12TH
 11AM - 4PM

City Nature Challenge

Cities around the world collaborate to share observations of nature in the 2026 City Nature Challenge.

24-27 April 2026





What's on: St David's

Monday

- 9.30am-1.30pm National Careers Service Advice (pre-book appointment) - Exeter Library (Free)
- 10-11.30am Yoga Wellbeing Group (Starts 20th April, 8 week course) - X Centre (Free)
- 10-11.30am Reading Together - St Davids Church (Parish room) (Free)
- 10am-12pm Parent and Toddler Group (term time) - Salvation Army (£1.50 per family)
- 10am-12pm Tech Buddy (book ahead) - Exeter Library (Free)
- 10am-12.30pm Find your words (creative writing) - Exeter Quayside (Co Create) (Free)
- 10.30am-12pm Solo Squad (for single parents, 2nd and 4th Monday) - Exeter Library (Free)
- 10.30-11.30am Health Walk (grade 2) - Exeter Quay (Meet by Antique Centre EX2 4AN) (Free)
- 10.30am-12pm Exeter Bereavement Friendship Group - The Palace Gate Centre (Free)
- 1-4pm Adult Mental Health Drop-in - Exeter Library (Free)
- 1.30-3.30pm Linking Voices, Community Choir - The Mint (£6 + 50p refreshments).
- 2-4pm Open Studios, A Creative and Social Workshop - Exeter Phoenix (£5)
- 6-8pm Silent Book Club (Third Monday of month) - Topsham Brewery (Free)

Tuesday

- 7am Men's Walk - Bromhams Field Car Park (spring/summer) (Free)
- 9.30-11.30am Family Cafe & Church Mice (school holidays) - The Mint (Free)
- 10-11.30am Bounce and Rhyme - Exeter Library (Free)
- 10am-12pm Parent Support Hub (2nd and 4th Tuesdays) - Exeter Library (Room 4) (Free)
- 10am-3pm Women in the Workshop - Exeter Quayside (Co Create) (£2)
- 10.30am Health Walk (30-90 mins) - Led by Westbank - Meet at Debenhams EX1 1GG (Free)
- 10.30-11.30am IT Drop-in (1st Tuesday of month) - The Mint Methodist Church (Free)
- 10.30am-2pm Dove Cafe - The Palace Gate Centre (Free)
- 10.30am-12pm Friendship Cafe - St David's Church ([Try it out Tuesdays activity](#)) (Free)
- 2.30-3.30pm Tai Chi (17+ experiencing mental health problems) - The Mint (Free)
- 2.30-4.30pm Employment + Local (employment support) - Salvation Army (Free)
- 5-7pm Board Game Club (2nd and 4th Tuesdays) - Exeter Library (Free)
- 5.30-6.30pm The NOT Dead Poets Society (Last Tuesday) - Exeter Library (Free)
- 6.30-7.30pm Food Cycle Free Meals - The Mint Methodist Church (Free)
- 7pm Man Down (men's mental health group) - Exeter Community Centre (Free)

Wednesday

- 8.45-9.45am Weekly Walks - St David's Church (Free)
- 10am-12pm Parent and Toddler Group (term time) - Salvation Army (£1.50 per family)
- 10am-12pm Tech buddy (book ahead) - Exeter Library (Free)
- 10.30am-12pm Coffee Morning - The Mint (£1 donation for tea and biscuits)
- 10am-12pm Exeter Forum (social group, including talks) - The Mint (£4 per talk)
- 10am-1pm Exeter Wellbeing Craft Group - Step One Charity, X Centre (Free)
- 10.30am Health Walk (60-90 mins) - Led by Westbank - Meet at Boots High Street (Free)
- 10.30am-12pm Exeter Climate Cafe - Exeter Phoenix (1st Wednesday of month) (Free)
- 10.45am-12.30pm Exeter Wellbeing Walk (fortnightly, starting 7th Jan 2026) - X Centre (Free)
- 1-4pm Chop & Chat (men's group) - Exeter Quayside (Co Create) (Free)
- 2-4pm Wellbeing Gardening Group - Step One Charity, X Centre (Free)



What's on: St David's

Wednesday (continued)

- 4.15-5.30pm After School Lego Club (Alternate Wednesdays) - Exeter Library (Free)
- 5.30-7.30pm Little Scratch Night (Creative session, last Wednesday) - Exeter Phoenix (Free)
- 6-8pm Silent Book Club (First Wednesday) - Topsham Brewery (Free)
- 6.30pm Philosophy Playground (Alternate Wednesdays) - Topsham Brewery (Free)

Thursday

- 10-11.30am Bounce and Rhyme - Exeter Library (Free)
- 10am-12pm U3A Learn, Laugh, Love group (4th Thursday) - The Mint (£25 per year)
- 10am-12pm Knitting, Crochet and Hand-Crafts - The Mint (Free)
- 10am-12.30pm Cafe EX4 (Community cafe) - Salvation Army (£3.50 donation food & drink)
- 10am-1pm Stitch and Save - clothes repair (2nd & 4th Thursday) - Exeter Library (Free)
- 10.30am-12.30 Try it out Thursdays (Once a month) - Exeter Library (Free)
- 10.30am-12.30pm Exeter Energy Advice Clinics (2nd Thursday) - Exeter Library (Free)
- 11am-12pm Words & Music - Exeter Library (Free)
- 12.30-2.30pm Thursday Activity Group (Shilhay Community Centre) - See Facebook group (£2)
- 12-4pm Boatyard Bikes (motorbikes) - Exeter Quayside (Co Create) (Free)
- 1.30-3.30pm Renew, Refresh - The Palace Gate Centre (Free)
- 2-4pm Open Studios – A Creative and Social Workshop - Exeter Phoenix (£5 per session)
- 5.15-6.45pm Creative Writing Hub (Alternate Thursdays) - Exeter Library (Free)
- 6-8pm Freefall Youth Arts Group (ages 13-16, 5 wk blocks) - Exeter Phoenix (donation)
- 6-8pm Silent Book Club (Last Thursday of month) - 12 Bar Music & Social (Free)
- 7.30pm The Listening Club (2nd Thursday of month) - 12 Bar Music & Social (from £3)

Friday

- 9.30-11.30am Toddler Group (Mini Mints, term time) - The Mint (£2)
- 10am-12pm Pathways Cafe (work/training/volunteering, term time) - St David's Church (Free)
- 10am-12pm IT Drop-in - Exeter Library (Free)
- 10am-12pm Connect (activity group for adults) - Salvation Army (Free)
- 10.30am Health Walk (60-90 mins) - Led by Westbank - Meet at Boots High Street (Free)
- 11am-12.30pm Museum Meet-up (over 50s, last Friday of month, book ahead) - RAMM (Free)
- 11.30am-12.30pm Sport in Mind (17+ mental health problems) - Riverside Leisure Centre (Free)
- 1-2pm Singing by Heart (1st Friday of month), Salvation Army (Free)

Saturday

- 9am Exeter Park Run - Start by the Red & White Buoy on Exeter Quay (Free)
- 10.30am-12.30pm Women's Group Chat (1st Saturday of month) - Salvation Army (Free)
- 10.30-12pm BOOKWORMS: Junior Members' Club (age 5-8, Third Sat) - DEI (see page 3)

Sunday

- 10am-1pm Nature Volunteer Day (see page 3) - Friends of Belle Isle Park (Free)
- 10am Run The Tracks (Music Running Club, 1st & 3rd Sunday) - 12 Bar (Free)
- 12-3.45pm Lego Drop-in (alternate Sundays, next 18th Jan) - Exeter Library (Free)
- 7-8pm Walking Basketball - Exeter College Sports Hall (Free)

Mondays-Fridays 10am-12pm - Jigsaw Puzzle Library - The Palace Gate Centre



What's on: St David's

Contact Details for venues

- Co Create - 07817928845, steph@cocreateexeter.co.uk
- The Devon & Exeter Institution - 01392 437044 (£12 per year)
- Step One, X Centre - 01392 255 428, info@steponecharity.co.uk
- The Palace Gate Centre (South Street Baptist Church) - 01392 279485
- The Mint Methodist Church - 01392 279786, admin@themint.org.uk
- Exeter Community Centre - 01392 420549, admin@eccentre.org
- Exeter Phoenix - 01392667080, marketing@exeterphoenix.org.uk
- Parent Support Hub - hello@parentalminds.org.uk, 07907 614 516
- Riverside Leisure Centre - riverside@exeter.gov.uk, 01392 265898
- Salvation Army - 01392 216 553, exeter.temple@salvationarmy.org.uk
- Exeter Library - 01392 407027, exeter.library@librariesunlimited.org.uk
- Royal Albert Memorial Museum (RAMM) - 01392 265858, susy.dunne@exeter.gov.uk
- Friends of Belle Isle Park - WildBelleisle@gmail.com, Meetup app (Changemakers group), or contact Zoe Hughes for more details (see below)
- Silent Book Club - Exeter City of Literature - hello@exetercityofliterature.com
- Employment Hub 07812 511806.
- National Careers Service - 0800 100 900

St David's Community Builder

Name: Zoe Hughes

Phone: 07719239551

Email: zoe.hughes@eci.org.uk

Facebook: [Zoe Hughes \(Community Builder St David's\)](#)



Community Physical Activity Organiser - West Exeter

Name: Felix Elsen

Phone: 07736 918280.

Email: felix.elsen@ecct.co.uk

Facebook: [Felix - Community Physical Activity Organiser Exeter West](#)



PROUDLY DELIVERED BY



FUNDED BY



Exeter
City Council



SPORT
ENGLAND



Wellbeing Exeter

Wellbeing Exeter is a collaborative partnership of organisations working together to promote and improve the wellbeing of people individually and in their neighbourhoods, to make the community a better place to live.

Community Connecting

One to one support for adults in Exeter plus adults, families



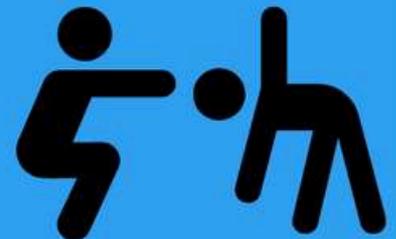
Community Building

Support people in their local neighbourhood to grow their ideas and try new things that bring people together



Community Physical Activity Organisers

Connect people to become more active and support neighbourhoods to get physical activity ideas off the ground



Community Engagement

Project Coordinators work with communities and local networks in priority areas to meet specific needs by creating new opportunities in walking, cycling, leisure services, and community engagement

Find out what's on locally at our new website

www.yourlocalexeter.org.uk

**YOUR LOCAL
EXETER**



www.wellbeingexeter.org.uk