



## Hello from Ebbie!



It's winter – the perfect time to cosy up with a cuppa and enjoy the latest newsletter.

Thank you to everyone who's shared ideas, time, energy, and skills to help make great things happen in our community. I'm here to support anyone who wants to try something new or bring an idea to life – whether that's starting a group, planning an event, or building on something that's already happening.

So, if you've got a great idea for your street or neighbourhood – whether it's a community garden, a little library, or something completely new – but aren't sure where to start, I can help you turn it into a reality.

I've also really enjoyed visiting the many brilliant local groups already making a difference. If we haven't met yet and you'd like to share an idea or find out more about what's happening locally, you'll find my contact details on the back page.

Best wishes



Ebbie Peters

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## Listening Post

Listening is an important part of a Community Builder's work. Here's some of what I've hearing locally

I feel energised and inspired to move forward, thanks you for connecting me up up and helping me explore the idea

I'd love to do self defence with my son, can we get something going for our community?

Thanks for inviting me to be part of the Beacon brunch, what a wonderful community spirit we have.

Thanks for listening, I feel more connected now, I took that step and tried a group out.

## The hidden pathway



The Community Champions have been busy! During their latest session, they uncovered the old pathway and started planning ways to make the area even more welcoming — with ideas including fruit trees and daffodils.

The work isn't finished yet, so keep an eye out for details of the next community work party. Everyone's welcome — just bring a shovel and a smile!

The plan is to clear the path and plant daffodils to bring some colour and cheer to the area in springtime. Save the date for a planting session on Thursday 4<sup>th</sup> December 11-1pm.



## Make a difference



### Help plant some bulbs

**Thursday 4th December 11-1pm**

Come and enjoy planting some daffodils at the uncovered pathway to Lancelot road green space. Bring a spade if you have one. Refreshments & cake to share.

Contact: ☎ 07516 692583 📧 [ebbie.peters@eci.org.uk](mailto:ebbie.peters@eci.org.uk) 🌐 [ebrelpeters](https://www.wellbeingexeter.org.uk)

[www.wellbeingexeter.org.uk](https://www.wellbeingexeter.org.uk)

# Beacon Heath Christmas Community Meal



When FoodCycle stopped recently at Beacon Heath Church, it left a real gap in our community. It's been a pleasure to help a new idea for a community meal take root — and to see volunteers step up to make it happen! Thanks to kind support from an Exeter City Council ward grant, plans are now underway for a Beacon Heath Christmas Meal and the Elves are busy behind the scenes!

If you or someone you know lives locally and would like to join, please get in touch. Spaces are limited, and tickets are required for entry, with priority given to Beacon Heath residents to come and enjoy a warm, festive evening with your community — delicious vegetarian food, cheerful company, and plenty of holiday spirit.

For more details or to request tickets, contact Ebbie on 07516 692583

## Christmas Fundraiser

Christmas has started early on Beacon lane. You can't miss the incredible light show opposite the shops. Here's news from the amazing neighbours who have a show of lights.

"That time of year for us to raise money for charity going to Exeter food bank. Bring along bring the children/grandchildren to see our display. please knock on either house if you would like to donate. A big massive thank you from us here on Beacon lane"



Would you love to bring a little extra sparkle to your street this Christmas? Perhaps you've admired the beautiful Advent Windows around the community in past years and thought about joining in but haven't had the time, materials, or inspiration to get started? If your street is planning to take part in the Advent Windows Trail this year, or if you'd like to help set one up but aren't sure where to start, please do let me know. It would be lovely to see even more windows decorated.

### Beacon Heath Community Champions

Hello, we're a group of local residents coming together to help make our community an even better place to live for everyone. We hope to meet every month to share ideas, connect with each other, plan ways to bring people together and take on simple practical projects to improve our neighbourhood.

Whether you've got big ideas or just simply want to get involved in small ways, everyone is welcome. It's a chance to make a difference- and get to know your neighbours



Join Our  
Community  
Champion  
WhatsApp

COME AND JOIN US



Or contact our Beacon Heath Community Builder

Name: Ebbie Peters  
Phone: 07516 692583  
Email: ebbie.peters@eci.org.uk  
Facebook: Ebbie Peters



## Sylvania Hall



What happening??? Well, the team have been hard at work behind the scenes. We can't say yet as it's under wraps but hopefully we hope to have some big news very soon so watch this space and to join the mailing list and get involved, please email [sylvaniastores@gmail.com](mailto:sylvaniastores@gmail.com)

## Beacon Brunches



The Beacon Brunchs have been such fun! It's been wonderful working with the Beacon Centre to bring together an amazing range of skills from across our neighbourhood. There's been plenty of laughter and connection at each event as new friendships flourished and community ties grew stronger.

From sword-fighting workshops and nature activities to crafts and pop-up games, there's been something for everyone to enjoy. Keep an eye out for the next Beacon Brunch—and if you have a skill you'd like to share, we'd love to hear from you!

## Christmas Fair at The Beacon Centre

The Famous Beacon Christmas Fair! Saturday 22<sup>nd</sup> November between 11-2pm.

Get ready for one of the highlights of the year — the Beacon Christmas Fair!

Enjoy performances from local community choirs, be amazed by a magic show, and don't miss the fantastic Santa's Grotto and Kids' Zone. There'll also be a raffle, plenty of refreshments, and lots of chances to catch up with friends and neighbours at this wonderful community get-together. Come and share your thoughts and ideas for the area at my pop-up listening flag — your chance to have a say in shaping our community.

Save the date and join us for a festive, fun-filled day! Here's a lovely picture of Alex who will be performing a magic show.



## Craft group

It's been lovely to see the Craft Group continue to grow! From January, the group will be expanding into the Jammy Dogger room at the Beacon Centre — and will also be welcoming anyone who'd like to come along to play board games alongside the crafters.

Julia, one of the organisers, says:

"This is a really friendly group. We meet every Monday morning to start the week off on the right foot. There's never any judgment — just kind, supportive people who listen and understand whatever you want to share.

We make things while we're chatting. We've got a cupboard full of materials but are always open to new suggestions and will give anything a go! No experience is necessary — just bring yourself, get creating, and see what happens!"

See below for some lovely examples of the beautiful work they've been creating together



## Housing Drop in

Need housing advice?

Exeter City Council's Housing Services Officer will be at The Beacon Community Centre

10-12 for a drop-in advice session- Friday 12<sup>th</sup> December

Come along for friendly, practical help and advice — no appointment needed! At the Beacon Community Centre.

Drop-in throughout the morning.





# Solo Squad

A safe, supportive space for single parents to pause, connect and feel understood. No judgement, no pressure- Just coffee, warmth and real conversations with people who truly get it. You don't have to hold it all together here. Just show up, breathe out and feel seen.

**Come as you are, leave a little lighter.**

- Free Tea, Coffee & Cakes

- Each session covers a different theme to support, empower, and uplift single parents.

- Children welcome- toys provided

**On the 1st and 3rd Friday of each month at The Beacon,**

**10:30am-12:00pm.**

Next dates-

7th November,  
21st November,  
5th December,  
19th December.

📍 The Beacon Community Centre, Pendragon House, Beacon Ln, Exeter EX4 8LZ  
📞 Keziah- 07449203645

**HOME START**  
Exeter, East & Mid Devon



## Family Wellbeing Group (0-4 years)

**... Starts Tuesday 16th September ...**

Building stronger parent and child attachment and supporting early learning and development.

**Tuesdays 1.00 — 2.30pm**

**Free to attend—booking is essential**

Drinks provided. Nut free zone.

To book a place contact Group Facilitators on 07442 844249

Email: [office@homestarteemd.org.uk](mailto:office@homestarteemd.org.uk)

<https://homestarteemd.org.uk/contact-us>

**The Beacon Centre**  
Beacon Lane  
Exeter  
EX4 8LZ



**Refreshments**

**Santa**

**Craft tables | Raffle**

**Kid's Zone | Santa's grotto**

**Beacon Community Centre**  
**Saturday November 22nd**  
**11am-2pm**

**Beacon Christmas Fayre**

the beacon

Stoke Hill Community Association  
CHARITY NO. 283907

YOU ARE INVITED TO OUR

**CHRISTMAS FAYRE**

AT  
**ST KATHERINE'S PRIORY**  
NOVEMBER

**SUNDAY 23 11am- 3pm**

LOCAL ARTISANS, CRAFTERS, TRINKETS & GIFTS  
STEAM RAILWAY RIDES. SEE OUR MODEL RAILWAY  
CHRISTMAS GIFTS & HOME DECOR. TOMBOLA  
WELLBEING & HEALING

For enquiries email: [SHCABookings@gmail.com](mailto:SHCABookings@gmail.com)

FREE ON-SITE PARKING.  
REFRESHMENTS AVAILABLE FOR PURCHASE

St Katherine's Priory, St Katherine's Rd, Exeter  
EX4 7JY (Next door to Morrisons, Stoke Hill)  
All proceeds go to Stoke Hill Community Association Charity No. 283907



**THE Hub**  
**TUESDAYS**  
 YR 7-11  
 BEACON CENTRE  
 TUESDAYS  
 3pm - 5pm  
 TERM TIME ONLY



isca church  
 the beacon  
 Bringing People Together

## MIXED WALKING NETBALL

St James School, Exeter

Every Thursday  
 7pm-8pm

£3.00 per session

Contact 07496180693



**SENIORS SOCIAL GROUP**  
 A friendly relaxed social group with lots of laughter. £2  
 Mondays 1.15-3.15pm  
 Beacon Heath Church Hall  
 Beacon Heath

Activities Include:

Speakers/Info sessions	Trips out
Make new friends	Refreshments & biscuits
Music & Entertainment	Social Time

For more info call Linda 07368 145524.



**WALKING FOOTBALL**  
 EVERY FRIDAY @ ST JAMES SCHOOL EXETER 8/9  
**FREE AND INCLUSIVE**



BROUGHT TO YOU BY BEACON WANDERERS CONTACT  
 GREG @ 07546 419885



## What's on: Beacon Heath Autumn 2025

### Monday

- 10.00am-12.00pm - Working Morning- Grounds & Building - St Katherine's Priory
- 10.30am-12.00pm - Chat & Craft Drop-in - Beacon Centre
- 1.30-3.30pm - Young at Heart - Beacon Heath Church Hall
- 1.30-3.30 Whist (Part of Isca bowls) - Isca Centre
- 7.00pm - The Junction 72A Model Railway Club - St Katherine's Priory

### Tuesday

- 10.00am-3.00pm - EDMES (Exeter and District Model Engineers) - St Katherine's Priory
- 10.30-11.30am - Over 60's Yoga - Beacon Centre
- 1-2.30pm Family Wellbeing Group (0-4) Home Start- Beacon Centre
- 1.30pm - Whist Drive - St Katherine's Priory (fortnightly)
- 4.00-5.30pm - The Hub - Youth Space, Beacon Centre
- 6.30pm 6.15pm - Bridge Club - Isca Centre
- 6.30pm Taster Sessions- Isca Indoors Bowling club, Isca centre
- 6.30-7.30pm - Body Workout with Kamila - Beacon Centre
- 7-8pm Women on the Run- Exeter Arena

### Wednesday

- 10.00am-12.00pm - Headway - Beacon Centre
- 10.00am-12.00pm - Food bank - Beacon Centre
- 1.00-3.00pm - Baby Massage - Beacon Centre
- 4.30-6.30pm - Rio Youth Group - Beacon Centre
- 5.00-6.00pm - Premier League Kicks - St James School (ages 11-18)
- 7.00-9.00pm - Old Wyvern Workshops - Beacon centre
- 7.00-9.00pm - Netball - St James High School

### Thursday

- 9.30-11.15am - Lily Pads (baby group) - Isca Church (at Beacon Centre)
- 9.45-11.15am - Tadpoles Playgroup - Isca Church (at Beacon Centre)
- 10am-3.00pm - Exeter and District Model Engineers - St Katherine's Priory
- 10.30am-12.00pm - Drop-in Community Cafe - Beacon Heath Church
- 10.30am-2.00pm - Meet and Remember - Devon Yeoman
- 1.30pm - Whist - St Katherine's Priory (every other Thursday)
- 6.00-7.30pm - Woodcraft Folk - Beacon Centre
- 6.30pm - Foodcycle - Beacon Heath Church (free meal)
- 6.30-7.30pm - Body Workout with Kamilla - Beacon Centre
- 6.45-9.00pm - Bingo - Isca centre
- 7.00pm - The Junction 72A Model Railway Club - St Katherine's Priory
- 7.30-8.30pm - Yoga with Anouska- Beacon Centre
- 7-8pm Walking Netball- St James School





## What's on: Beacon Heath Autumn 2025

### Friday

- 9.30-1.30pm - Spinning Top Toy Library - Beacon Centre
- 10.00am-12.00pm - Foodbank (referrals 07818 226524) - Beacon centre
- 10.00am-12.00pm - Friday Community Drop-in Cafe- Beacon Centre
- 10.00am-2.00pm - Community Cafe - St Katherine's Priory
- 12.00-3.00pm - Lunch Club (part of Isca Bowls club) - Isca Centre
- 1.30-4.30pm - Tribe - Home Ed social (age 11-17) - Beacon Centre
- 4.30-5.30pm - Football Academy - St James High School
- 4.30-5.30pm - Isca Church & Police Youth Football Academy - St James School
- 6.00-7.00pm - Whipton Football FC - Willowbrook School (Under 8's)
- 6.00-7.30pm - Launch Pad - Willowbrook School
- 6.00-7.30pm - Children's Open Group - Willowbrook
- 6.30pm - Prize Bingo - St Katherine's Priory (first Friday)
- 7.00-8.00pm - Walking Football - St James High School
- 6.45-9pm- Tag Rugby- Exeter Arena

### Saturday

- 9.45am-1.00pm - Messy Church (Vineyard) - Beacon Centre (2nd weekend)
- 10.00am-12.00pm - Soundwaves - Beacon Centre
- 11.00am-2.00pm - Craft & Chat - St Katherine's Priory (first Saturday)

### Sunday

- 11.00am-3.00pm - Exeter Miniature Railway - St Katherine's Priory (first Sunday)

### Other Great Projects

- Squillometer Mile Lane Pod & Beacon Heath Pod Shops
- Friends of Mincinglake Orchard - hosts a yearly Wassail
- Sylvania Hall Rebuild Project
- Community Opportunities Group Schools (COGS)

### Facebook Pages

- Beacon Heath Together, The Beacon Centre, Miles Lane Pod, Friends of Mincinglake Orchard, Sylvania Hall, St Katherine's Priory

# Update from Devon & Cornwall Police



Don't suffer in silence  
**Report it**

Go online:  
[www.devon-cornwall.police.uk/reportit](http://www.devon-cornwall.police.uk/reportit)

**Call Devon & Cornwall Police: 101**  
**Non-Emergency:**

Sign Live (video relay via BSL interpreter)  
SMS/text 67101  
Minicom/textphone 18001101

**Emergency:**

If a crime is in progress, call 999  
999 BSL (national video relay via BSL interpreter)  
SMS/Text 999 (pre-registered)  
Minicom/textphone 18000

"We stand together with our communities to remind everyone that we have zero tolerance to hate crime.

We acknowledge that this is a very difficult time for many diverse communities, and we want to provide some reassurance that we are here to provide support where hate crimes may be happening.

We have teams dedicated to supporting victims of hate crime. If you have been the victim of abuse or targeted because of your race or ethnicity, we want you to know that we are there for you. Please report it to us so we can investigate offences fully and signpost you to support. An increase in reporting helps us understand what is happening in our communities and how best to tackle it. Don't suffer in silence. Report it."

## Get Social

Keep up-to-date by joining these local Facebook pages and groups.

- Beacon Heath Together
- Beacon Centre
- Beacon Heath Church
- Beacon Heath Squillometer Open Group
- Beacon Heath Little Free Library
- Community Champion what app
- Isca Church
- Friends of Mincinglake Orchard
- Miles Lane Pod Open Group
- Save the Bus Stop Field (above Pendragon road)
- Save Celia Crescent & Pinbrook Meadow Fields
- St Katherine's Priory
- St James School

## Useful Information

- Parental Minds gives support to families who are struggling with their [www.parentalminds.org.uk/](http://www.parentalminds.org.uk/) 07907 614 516
- Domestic Violence Splitz Devon Helpdesk Tel: 0345 1551074.
- Talk works Tel: 0300 555 3344 [www.talkworks.dpt.nhs.uk](http://www.talkworks.dpt.nhs.uk)
- Mental Health Mind charity Tel: 0300 123 3393
- The Moorings @ Devon - Out of hours mental health support for 16+. Tel: 07990 790 920
- Andy's Man Club - Talk through issue and problems that men face. Monday evening 7pm [www.facebook.com/andyManClub](https://www.facebook.com/andyManClub) Exeter/Remote
- Age UK Exeter Tel: 01392 202092
- Adult Social Care team Tel: 01710 424000 Out of hours Tel: 01720 422699
- Care Direct - 0345 1551 007
- NHS Chat Health - Health Visitor confidential text messaging service [www.chatline.nhs.uk](http://www.chatline.nhs.uk)
- Home-Start - Support for families with young children



# About Wellbeing Exeter



Wellbeing Exeter is a collaborative partnership of organisations working together to promote and improve the wellbeing of people individually and in their neighbourhoods, to make the community a better place to live.

## Beacon Heath Community Builder

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Facebook: [ebrelpeters](https://www.facebook.com/ebrelpeters)

## Community Physical Activity Organiser (CPAO)

Name: Georgie Barbour Gresham

Phone: 07926 127824

Email: [Georgie.Barbour-gresham@ecct.co.uk](mailto:Georgie.Barbour-gresham@ecct.co.uk)

Facebook: Georgie - Community Physical Activity Organiser Exeter North - click [here](#)